

Recertification Classes

EDUC 490- Elementary Mindfulness (CRN 12656) – Mindfulness is a research-based approach that can improve students’ ability to pay attention, regulate their emotions, and make better decisions. This 3 credit hour course provides a detailed overview of Mindfulness practice including its background, practices, and implementation in the classroom.

Format- The online course will be shared through a PowerPoint with links to YouTube videos and word documents. Teachers will work at their own pace and the course must be completed by November 22. Please include a phone number and email on the registration form.

Date & Time- Registration ends October 2

Instructor – Amanda Banks (email: Abanks@bluefieldstate.edu)

Credit- 3 undergraduate credit hours

Cost - \$312

EDUC 490- Making Math Memorable (CRN 12657) – This 3 credit hour course will explore ways to make math fun and memorable. This course will primarily focus on math problems for elementary and middle school students; however, it is designed to inspire all those who teach math at any grade level. Math should never be frustrating or impossible. So, delve into Making Math Memorable and discover new ways to make math not only possible, but fun!

Format- The online course will be shared through a PowerPoint with links to YouTube videos and word documents. Teachers will work at their own pace and the course must be completed by November 22. Please include a phone number and email on the registration form.

Date & Time- Registration ends October 2

Instructor – Teresa Guill

Credit- 3 undergraduate credit hours

Cost - \$312
